

CYCLE PUNTA CANA ROUTE PROFILES

Route Profiles are approximations via the software links. Remember this is a FUN event! Don't get too geeky. There is a SAG bus with each group so you can join it at any time.

PUNTA CANA		
LONG ROUTE		
punta cana	punta cana	punta cana
DAY ONE - Warm Up ride	DAY TWO - Strava challenges	DAY 3- Celebration ride
37.3 Miles	44.2 MILES	48.1 MILES
1210 ft	2016 FT	2117 FT
Rest stop x1 Mile 18	Rest stop x 1 Mile 23.1	Rest stops x 2 Miles 16.5+31.9
MEDIUM ROUTE		
28.70 miles	34.4 miles	37.20 MILES
1011 ft	1837 ft	1598 FT
Rest stop x1 Mile 18	Rest stop x 1 Mile 15.4	
SHORT ROUTE		
Rest stop and then in the bus		
18 MILES	15.4	16.5
500 ft	850ft	650 ft

ROUTE LINKS FOR EVENT: <https://ridewithgps.com/collections/4818794>

STRAVA CHALLENGES- SATURDAY

Please REGISTER WITH YOUR GROUP LEADER BEFORE RIDE OUT AND WRITE DOWN YOUR STRAVA NAME AS OFTEN TIMES PERSONS USE A DIFFERENT CYCLIST'S AND NOT THEIR REAL NAME. Cyclists are NOT obliged to participate. It's an option.

- You must be a member of Strava to participate so you show on leaderboards.
- You must upload your data before 3pm on Day 2. If you upload later, we are sorry but its too late as the winners would already have been identified and advised.
- This is like a time trial. So you may have come up first in your group but if someone else in another group has a faster time, they win! Its all about how long it takes you to complete the distance from start to finish.
- It is not a race. It's an informal fun challenge. If you wish to race there are events just for that. Not our event!
- Podium placements are given with trophies for the top 3 finishers, male and female in each category. There are two categories: long distance is Cat 1 and short distance is Cat 2. If you register for long distance and then move on Saturday to ride the shorter distance, your category remains as Cat 1.
- For those not participating, not to worry, as we re-group after each challenge and continue as a group ride.
- Please don't get geeky on us. It's not that serious! Don't spoil the fun for others.
- IT IS YOUR RESPONSIBILITY TO GET FAMILIAR WITH STRAVA BEFORE YOU ARRIVE. PLEASE ENSURE YOUR SETTINGS ARE SET TO PUBLIC, OR THEY WONT SHOW EVEN IF YOU RESET IT AFTERWARDS!**



Challenge
Distance: tba
% Grade:
Elevation gain:
Link

Challenge ttba
Distance:
% Grade:
Elevation gain
Link:

OUR GUIDES ARE THERE TO ASSIST YOU AT ANY TIME, HOWEVER YOU

CANNOT GET ANY ASSISTANCE DURING THE STRAVA CHALLENGE UNLESS YOU ARE NOT COMPETING! IF YOU GET ASSISTED, YOU ARE DISQUALIFIED. BEFORE WE ASSIGN ANY CYCLIST A WINNING PLACE, WE CONTACT THEM TO ASK IF HE/SHE GOT PUSHED AS WE CAN'T KNOW OTHERWISE. WE TRUST EVERYONE TO BE HONEST AND A GOOD SPORTSMAN!