

CYCLE PUNTA CANA ROUTE PROFILES & STRAVA CHALLENGE SEGMENTS AND RULES

Route Profiles are approximations via the software links.

Remember this is a FUN event!

Don't get too geeky.

FRIDAY ROUTE - DAY ONE

LONG ROUTE	MEDIUM ROUTE
https://ridewithgps.com/routes/53748966	https://ridewithgps.com/routes/53737433
https://www.strava.com/routes/3448022658103904260	https://www.strava.com/routes/3447779034002449982
38miles	27.30 MILES
1455 ft	1060 ft
REST STOP: MILE 21.70 Nisibon EcoLodge	REST STOP: MILE 17.9 Nisibon EcoLodge
STRAVA CHALLENGE #1	
Subida de la Mosca (mile 15)	
.67 miles 3% avg grade	
https://www.strava.com/segments/8173406	

SATURDAY ROUTE - DAY TWO

LONG ROUTE	MEDIUM ROUTE
https://ridewithgps.com/routes/53761828	https://ridewithgps.com/routes/53760212
https://www.strava.com/routes/3448062120292538162	https://www.strava.com/routes/3447978306522674180
39.3	32.60miles
1795	1685 ft
REST STOP: MILE 14.30 Coca Farmer and 34.70 Macao Beach	REST STOP: MILE 14.30. Cocoa Farmer
STRAVA CHALLENGE #2	
La Tatiana Corta (mile 12.90)	
.27 Miles 5.5% avg grade	
https://www.strava.com/segments/23423469	

SUNDAY ROUTE - DAY 3

LONG ROUTE	MEDIUM ROUTE
https://ridewithgps.com/routes/53748832	https://ridewithgps.com/routes/53748869
https://www.strava.com/routes/3448652547054857738	https://www.strava.com/routes/3447796628070783684
38.5	34.80MILES
1514FT	1451 FT
REST STOP: 20.7 MILES Pamela's Shop	REST STOP: MILE 17.50. Pamela's Shop

ALL RIDE ROUTES CAN BE SEEN IN THIS SINGLE COLLECTION LINK ON RIDEWITHGPS.COM

<https://ridewithgps.com/collections/4818794>



STRAVA CHALLENGES

Please let us know your name on Strava, if its different than your registration name. If you do not let us know, and we see a strange name on the Strava results, we will assume it was someone who isn't with our group and so your results will not be acknowledged and you can lose your podium spot!

Cyclists are NOT obliged to participate. It's an option.

- You must be a member of Strava to participate so you show on leaderboards.
- You must upload your data before 3pm on Day 2. If you upload later, we are sorry but its too late as the winners would already have been identified and advised.
- This is like a time trial. So you may have come up first in your group but if someone else in another group has a faster time, they win! Its all about how long it takes you to complete the distance from start to finish.
- It is not a race. It's an informal fun challenge. If you wish to race there are events just for that. Not our event
- Podium placements are given with trophies for the top 5 finishers, male and female in each category. There are two categories: long distance is Cat 1 and short distance is Cat 2. If you register for long distance and then move on Saturday to ride the shorter distance, your category remains as Cat 1.
- For those not participating, not to worry, as we re-group after each challenge and continue as a group ride.
- Please don't get geeky on us. It's not that serious! Don't spoil the fun for others.
- **IT IS YOUR RESPONSIBILITY TO GET FAMILIAR WITH STRAVA BEFORE YOU ARRIVE.**
- **PLEASE ENSURE YOUR STRAVA SETTINGS ARE SET TO PUBLIC, OR THEY WONT SHOW EVEN IF YOU RESET IT AFTERWARDS!**

OUR GUIDES ARE THERE TO ASSIST YOU AT ANY TIME, HOWEVER YOU CANNOT GET ANY ASSISTANCE DURING THE STRAVA CHALLENGE UNLESS YOU ARE NOT COMPETING! IF YOU GET ASSISTED, YOU ARE DISQUALIFIED FROM PLACING IN THE CHALLENGES.

BEFORE WE ASSIGN ANY CYCLIST A WINNING PLACE, WE CONTACT THEM TO ASK IF HE/SHE GOT PUSHED AS WE CAN'T KNOW. WE TRUST EVERYONE TO BE HONEST AND A GOOD SPORTSMAN/SPORTSWOMAN !